

Dairy Queen® Soft Serve ...A Tradition of Good Taste

As the name implies, our traditional Dairy Queen® soft serve is produced with wholesome milk to give it that creamy smooth texture and taste you've come to love. Dairies who make our soft serve must meet our rigorous standards to ensure you receive only the highest quality product. And at 35 calories per fluid ounce, it's the only way to treat yourself right.

Dairy Queen® soft serve is a delicious reduced-fat ice cream containing the following ingredients: Milkfat and Nonfat Milk, Sugar, Corn Syrup, Whey, Mono and Diglycerides, Artificial Flavor, Guar Gum, Polysorbate 80, Carrageenan and Vitamin A Palmitate.

The DQ Grill & Chill® menu blends the best of the Dairy Queen® heritage with the most modern innovation in quick-service food. The all-new food menu features 1/4 to 1/2 lb. burgers cooked to order on freshly baked, buttered buns, and expansive condiments offering a selection of cheeses and hot and cold toppings. Delicious food items that are offered include: Grilled Turkey Sandwich, Philly Steak Sandwich; Chicken and Vegetable Quesadillas; delicious salads, soups and Chili Cheese Fries. Many DQ Grill & Chill® locations also feature a full breakfast menu.

Helping You Make Healthy Choices

DQ Grill & Chill® locations offer a wide variety of menu options that can fit into any healthy, well-balanced diet. According to the USDA, variety, moderation and balancing your food choices are the keys to healthy eating.

How can DQ Grill & Chill® foods fit into your balanced diet?

Choosing grilled chicken for your sandwich or salad, or substituting a side salad for your French fries, are just a few ways we're helping you meet your nutritional needs. Don't forget that many DQ Grill & Chill® locations offer a fat-free dressing for your salad and our no fat, no-sugar-added novelty items such as our DQ® Fudge, DQ® Vanilla Orange, DQ® Raspberry Vanilla and DQ® Vanilla Fudge Bars weigh in at 50 calories or less and contain 0 grams of fat.

Allergies & Food Intolerances

For customers with peanut and nut allergies, these items are used in products sold in DQ Grill & Chill® restaurants. Although we use our best efforts, it is impossible to guarantee that any DQ Grill & Chill® product will be free of peanut or other nuts.

In addition to being a delicious, reduced-fat ice cream, DQ® vanilla and chocolate (available at participating locations) soft serve is also gluten-free.

If you have questions or need additional information please write:
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NUTRITIONAL INFORMATION



Something really different

